



Adult Abuse & Neglect - Response Resource

**LAWTON & BRODY
INSTRUMENTAL ACTIVITIES
OF DAILY LIVING SCALE**

Date of Assessment:		
Surname:	Given Name:	
Sex:	Age:	DOB:

This tool is only a guide and **does not** replace clinical judgement. It may be used as a screening tool, a formal test, or may be given to the caregiver to complete to facilitate discussion with you.

A score of 8 is independent and a score of 0 is totally dependent in IADL

ABILITY TO USE A TELEPHONE:

- Operates telephone on own initiative. Looks up and dials numbers, etc. 1
- Dials a few well known numbers 1
- Answers telephone but does not dial 1
- Does not use telephone at all 0

SHOPPING:

- Takes care of all shopping needs independently 1
- Shops independently for small purchases 0
- Needs to be accompanied on any shopping trip 0
- Completely unable to shop 0

FOOD PREPARATION:

- Plans, prepares, and serves adequate meals independently 1
- Prepares adequate meals if supplied with ingredients or heats meals on wheels 0
- Prepares meals but does not maintain an adequate diet 0
- Needs to have meals prepared and served 0

HOUSEKEEPING:

- Maintains house alone or with occasional assistance (e.g. Domestic help with heavy work, gardening) 1
- Performs light daily tasks such as dish washing, bed making 1
- Performs light daily tasks but cannot maintain acceptable level of cleanliness 1
- Needs help with all home maintenance tasks 1
- Does not participate in any housekeeping tasks 0

LAUNDRY:

- Does personal laundry completely 1
- Launders small items 1
- All laundry must be done by others 0

MODE OF TRANSPORT:

- Travels independently on public transport or drives own car 1
- Arranges own travel via taxi, but does not otherwise use public transport 1
- Travels on public transport when accompanied by another 1
- Travel limited to taxi or vehicle with assistance of another 0
- Does not travel at all 0

RESPONSIBILITY FOR OWN MEDICATION:

- Is responsible for taking medication in correct dosage at correct time 1
- Takes responsibility if medication is prepared in advance in separate dosages. (May need reminding) 0
- Is not capable of dispensing own medication 0

ABILITY TO HANDLE FINANCES:

- Manages financial matters independently, (paying bills, goes to bank) 1
- Manages day-to-day purchases, but needs help with banking, major transactions 1
- Incapable of making financial decisions or handling money 0

Other (specify): _____

Comments: _____

TOTAL SCORE _____

Assessor's name: _____ **Date:** _____